

Minutes No. 2 From the Meeting of the Study Program Board

Study Program: Health Psychology, III. level, external form
Date: 17.2.2026

Attendees: prof. Mgr. Kanovská Halamová, PhD. (Programme Director), Mgr. Greškovičová, PhD., Mgr. Šoková, PhD., prof. Mgr. Sokolová, PhD., Mgr. Rendošová (student representative)

Absent: doc. Soták Lisá, PhD., MUDr. Rosenberger, PhD. (employer representative)

Agenda:

1. PhD Dissertation Topics for the Academic Year 2026/2027
2. Scientific part of study

The Study Program Board ("SPB") approved the agenda, and the Programme Director stated that the SPB was quorate. The first and second items on the agenda were subsequently approved per rollam.

Ad 1) PhD Dissertation Topics for the Academic Year 2026/2027

Thesis:

Téma	Typ	Školiteľ	Konzultant
Cognitive Flexibility and Psychological Adaptation to AI-Driven Workplace Change	DZ	doc. Mgr. Elena Soták Lisá, PhD.	
Meaningful Work as a Buffer Against Psychological Strain in the Age of Artificial Intelligence	DZ	doc. Mgr. Elena Soták Lisá, PhD.	
Compassion, Barriers to Compassion, and Coping Strategies in the Context of Watching News Depicting Suffering	DZ	Mgr. Katarína Greškovičová, PhD.	Mgr. Martina Baránková, PhD.
Evaluation of the Effectiveness of a Psychological Intervention for Improving Birth Experience and Coping with Labour in Primiparous Women	DZ	Mgr. Katarína Greškovičová, PhD.	
Evaluation of the Effectiveness of an Attachment-Based Intervention for Developing Secure Base Leadership and Its Association with Employee Well-Being	DZ	Mgr. Katarína Greškovičová, PhD.	
Analysis of Needs and Barriers to Compassion in Parents and Design of an Intervention Supporting Compassion-focused Parenting	DZ	prof. Mgr. Júlia Kanovská Halamová, PhD.	Mgr. Martina Baránková, PhD.
Measurement of the Effectiveness of the Mobile Application "Emotion-Focused Training for Family" – A Quantitative and Qualitative Study	DZ	prof. Mgr. Júlia Kanovská Halamová, PhD.	
Measurement of the Effectiveness of the Virtual Reality Intervention "Emotion-Focused Training for Practicing Empathy" – A Quantitative and Qualitative Study	DZ	prof. Mgr. Júlia Kanovská Halamová, PhD.	
Psychological Safety and Belonging in Higher Education: Perspective of Vulnerable Populations	DZ	prof. Mgr. Lenka Sokolová, PhD.	

Voting result: For: 5 | Against: 0 | Abstained: 0 | Did not vote at all: 2

2. V návrhom tém pre dizertačné práce pre AR 2026/2027

[Ďalšie podrobnosti](#)

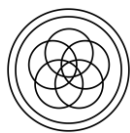
● Súhlasim 5
● Nesúhlasim 0
● Zdržujem sa 0



Resolution No. 1/2/2026

The Study Program Board approved PhD Dissertation Topics for the Academic Year 2026/2027





Ad 2) Scientific part of study

Students are required to:

- participate in at least two international scientific conferences during their studies
- have at least one publication in a journal indexed in the WoS database (doctoral student as first author) during their studies – scientific publication in extenso, at least published online first, or electronically ahead of print, or accepted for publication
- have at least one publication in a journal indexed in the WoS database (doctoral student as co-author) during their studies – scientific publication in extenso, at least published online first, or electronically ahead of print, or accepted for publication
- be a member of at least one research project team

Voting result: For: 5 | Against: 0 | Abstained: 0 | Did not vote at all: 2

3. S kritériami úspešného ukončenia PHD študentstva, ktoré budú platiť od ZS 2026/2027 pre všetkých zapísaných PhD študentov a študentky

[Ďalšie
podrobnosti](#)

● Súhlasím	5
● Nesúhlasím	0
● Zdržujem sa	0



Resolution No. 2/2/2026

The Study Program Board approved Scientific part with effect from the Winter Semester of the Academic Year 2026/2027

